

Greg's ABC of Camping

What do we need to survive in the bush?

To survive in the bush, we need water and food, clothing and shelter.

How do we know what to wear?

We know what to wear by working down from our heads: hat, shirt, shorts, socks and boots.

Hat: army felt hats are best
(add a chin strap)

Shirt: strong cotton, light khaki
with long sleeves (roll them up or down)

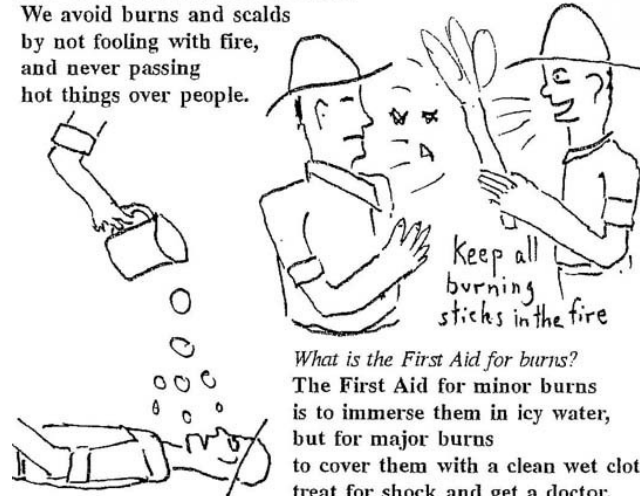
Shorts: strong cotton, light khaki
roomy, knee length
(no jeans: they are too hot and hard to dry)

Socks: thick cotton or wool
(beware of nylon and artificial fibres)

Boots: solid leather uppers or gym boots
or sandals or sneakers

How do we avoid burns and scalds?

We avoid burns and scalds by not fooling with fire, and never passing hot things over people.

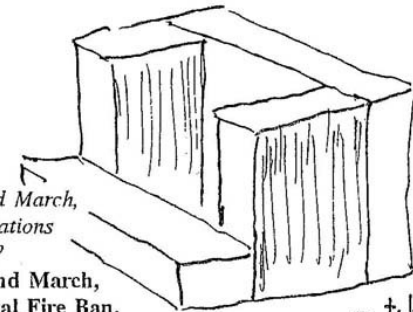


What is the First Aid for burns?

The First Aid for minor burns is to immerse them in icy water, but for major burns to cover them with a clean wet cloth, treat for shock and get a doctor.

Note: Treat scalds as burns.

Rake all round with two forked sticks



Between October and March, do the bushfire regulations allow cooking fires?

Between October and March, except during a Total Fire Ban, the bushfire regulations allow cooking fires if cleared around for 3 metres with an adult; or cleared around for 2 metres in a permanently constructed fireplace.

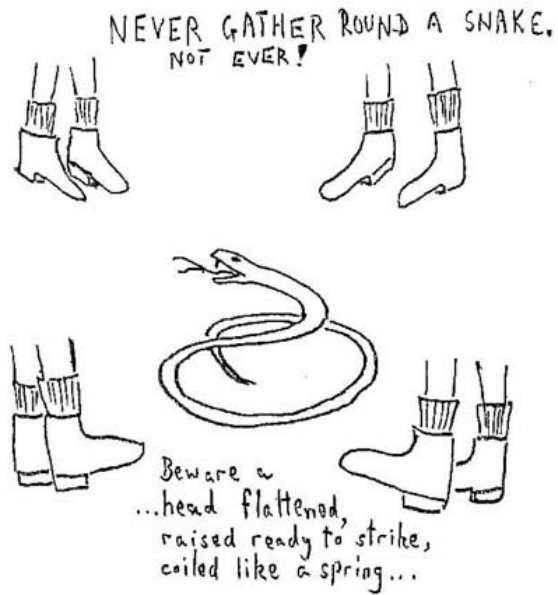
The bigger the fool, the bigger the fire.
Fire is a good servant but a poor master.

or take a small rake-hoe

greg

BUSH BOYS - GREG'S ABC OF CAMPING

How do we avoid snake bite and spider bite?
We avoid snake bite and spider bite
by wearing boots at all times,
watching where we're walking,
not distracting the man in front
and using a torch at night.



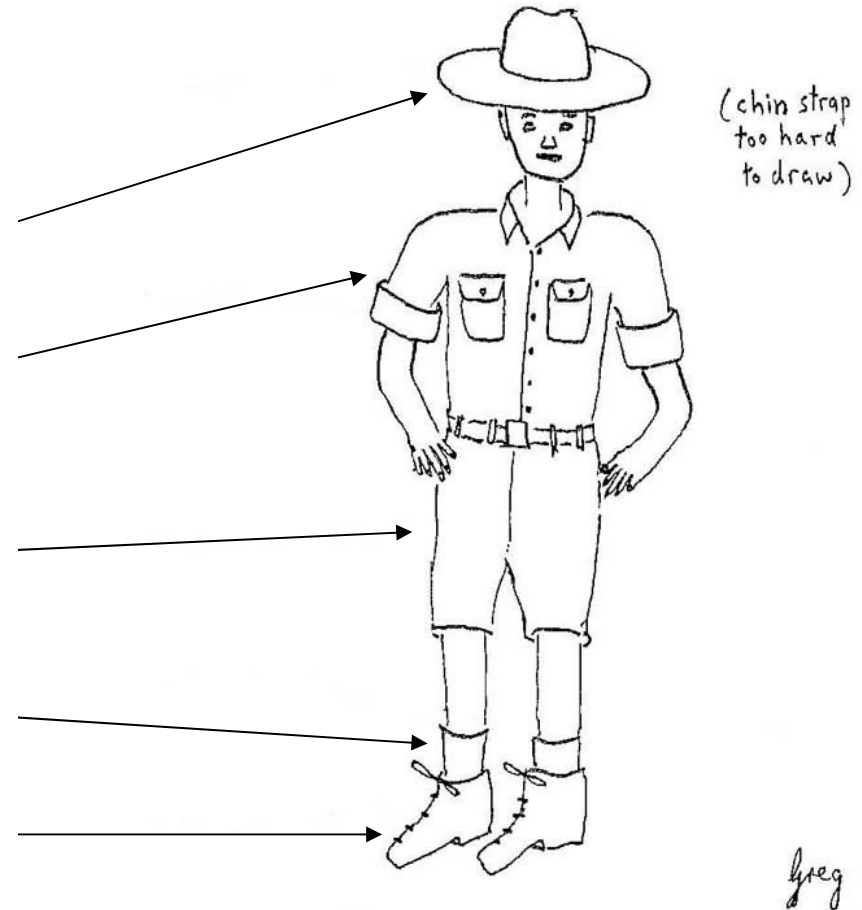
What is the First Aid for snake or spider bite?

The First Aid for snake or spider bite
is crepe bandages bound as tight as for sprains
on top of the wound, and above and below it,
immobilizing the limb in splints,
re-assuring the victim,
treating for shock and getting a doctor.

Note: This new treatment acts on the lymph glands, not the blood vessels.
Do not wash off the surface poison — it is needed for identification.

BUSH BOYS - GREG'S ABC OF CAMPING

BUSH BOY



BUSH BOY'S PROTECTION

What use is a staff?

A staff is an extra leg on steep slopes,
an extension arm for pointing at things
and rescuing people from drowning
in water or quicksand,
and a weapon for defending the innocent.

Why are hats for?

Hats are for keeping off the sun, rain, cold,
falling sticks and stones;
for fanning fires, carrying water;
and charging head-down through the scrub.

Describe good boots.

Good boots are light and tough,
grip the ground, fit the foot,
and easy to lace and unlace.

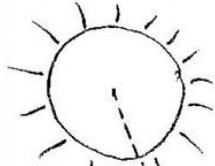
How do we avoid drowning?

We avoid drowning by
not trying to cross flooded rivers,
not swimming in cold or muddy water,
not after eating or for too long at a time,
not diving because of rocks, snags or weeds,
not bombing and breaking people's necks,
keeping to shallow water
and having a resuscitation officer.

DON'T DIVE
IN BUSH POOLS

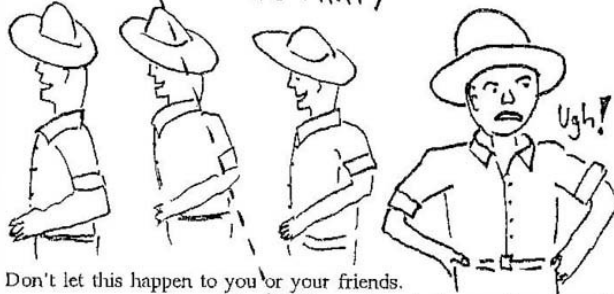


SAFETY FIRST

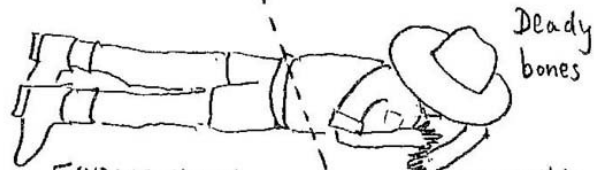


What are the Seven Deadly Dangers which lead to death in the bush?
The Seven Deadly Dangers which lead to death in the bush are getting lost, getting drowned, violent collisions, snakebite, burns, dehydration/heat exhaustion and hypothermia.

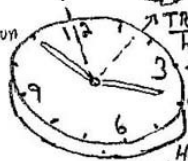
DON'T SPLIT UP THE PARTY



Don't let this happen to you or your friends.
Remember, "Prevention is better than cure."



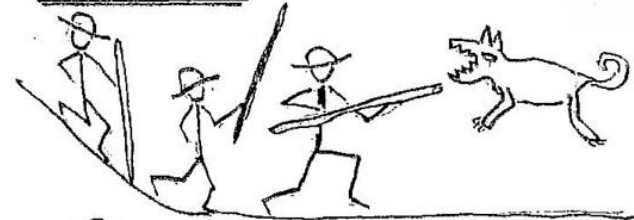
FINDING NORTH
point 12 o'clock at the sun



TRUE NORTH is half way between the hour hand and 12 o'clock (in Northern Hemisphere, point the hour hand at the sun and true south is halfway to 12 o'clock)

How do we avoid getting lost?
We avoid getting lost by following a good leader, not splitting-up the party, navigating by creeks & ridges, map & compass, sun & stars.

THE STAFF



HATS PROTECT HEADS



BOOTS PROTECT FEET



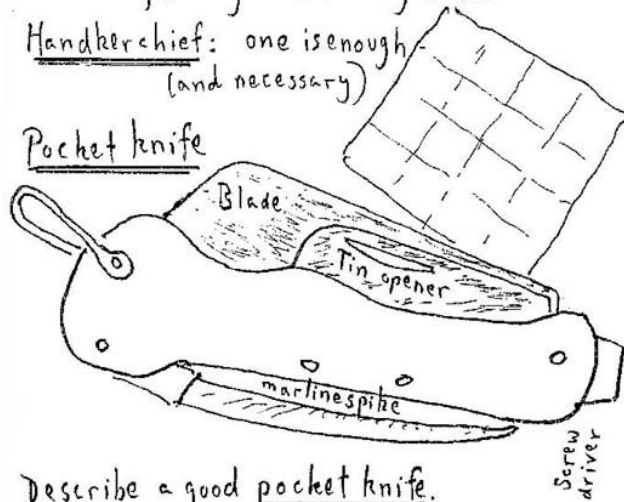
BUSH BOY'S POCKETS

What are pockets for?

Pockets are for handkerchief, pocket knife, matches, string and Rosary Beads

Handkerchief: one is enough (and necessary)

Pocket knife



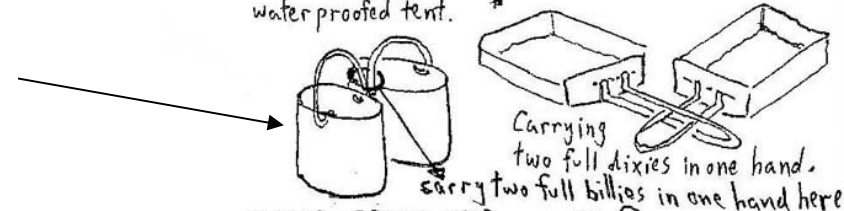
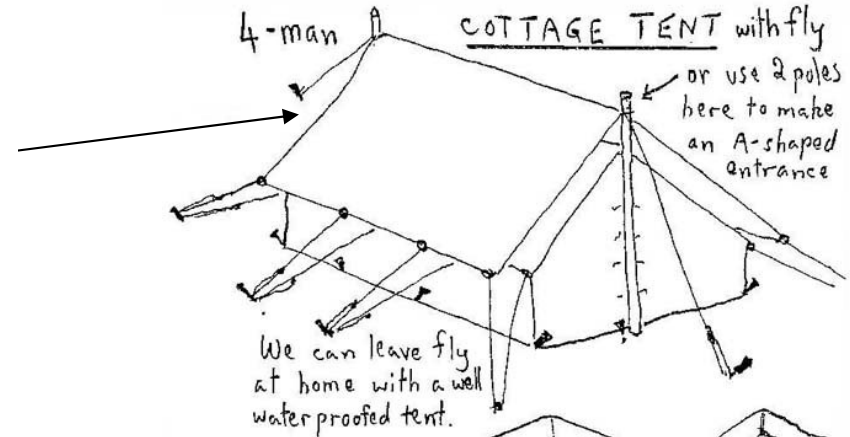
Describe a good pocket knife.

A good pocket knife has a big blade with a keen edge but no dagger point, a marlinespike, tin opener and screw driver.

String: it always comes in handy.



4-man COTTAGE TENT with fly



OTHER GROUP GEAR

- Canvas water bucket
 - Torch with spare cells
 - Hurricane lantern and kerosene
 - Wrist watch (in knapsack)
 - Map(s) or photocopies
 - Compass
 - Rope for clothesline and cliffs
 - Digger (plastic)
 - First Aid Kit
- (or use a jagged stick) cuts, blisters, abrasions, freg
- 2 crepe (stretchy) bandages; tube Bitesin picrate for bull ants and abrasions
- bottles ammonia and tea-tree oil for bull ants
-

GROUP GEAR • you do not bring it
• but you use it
• and help carry it

What group gear do we need?

The group gear we need is cooking gear, cleaning gear and a tent.

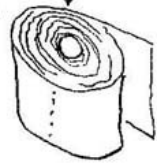
I've never tried an igloo or an A-tent. Greg.

What is group cooking gear?

Group cooking gear is enough billy cans and dixies to cook the food on the menu.

What is group cleaning gear?

Group cleaning gear is soap, scourer, toilet paper and toothpaste.



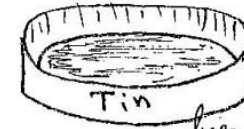
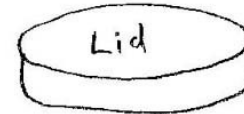
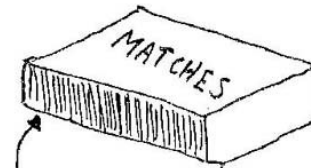
We also use sand as a scourer. Greg.

~~NO RADIOS~~ ~~ALoud~~ ALLOWED
(not even Walkmans)

What are handkerchiefs for?

Handkerchiefs are for blowing noses, mopping faces, drying hands, holding hot handles, bush baths and bandages

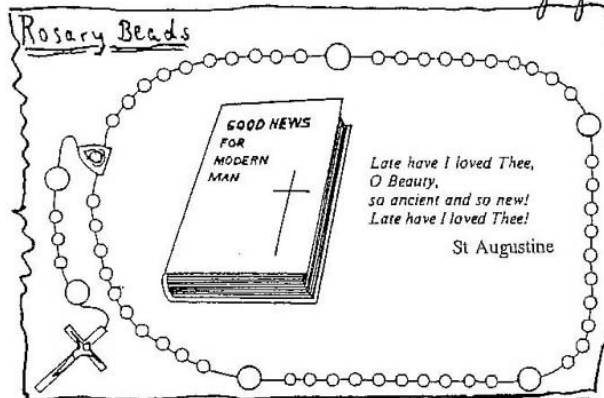
Matches in an old shoe polish tin to keep dry



Put a spare striker from an old box inside with the matches.

Greg

Rosary Beads



Late have I loved Thee,
O Beauty,
so ancient and so new!
Late have I loved Thee!

St Augustine

OTHER PERSONAL GEAR

What other clothes do we need?

Other clothes we need are raincoat, woollen jumper and swimming costume.

Note: A lined Parlea can sometimes count as both raincoat and jumper.

What is basic personal gear?

Basic personal gear is a knapsack, sleeping bag, toothbrush

mug
dixie
and spoon



Note: toothpaste and soap are group gear

OR a bowl

ALSO

- note book
 - pencil with rubber
- } in shirt pocket

FOR A BASE CAMP (when you can drive to it and don't have to carry it, like staying in someone's home)

- small piece of towel
 - face washer
 - comb
 - pyjamas (winter, for cold nights)
- ONLY ON A MOVING CAMP DO WE SLEEP IN OUR CLOTHES

DO NOT BRING SPARE CLOTHES

If clothes get dirty, we wash them; wet, we dry them; torn, we mend them. SO WHEN WE GO, NO SPARE CLOTHES.

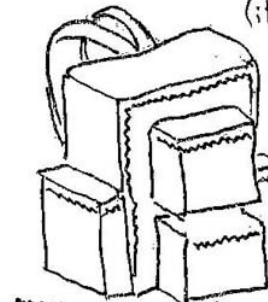
WE MUST TRAVEL LIGHT, IN SAFETY AND COMFORT

Note: If our clothes get wet we might wear all three at once: raincoat, jumper, bossie; also to change into before rain to keep our ordinary clothes dry.



No socks

Sleeping bag
or light warm blanket



means a zip. Small knapsacks OK if you take a swag as well

